

Aspen Medical Aesthetics

PATIENT NAME: _____ DATE _____

PARISIAN PEEL[®] MEDICAL MICRODERMABRASION INFORMED CONSENT

This form is designed to give you the information you will need to make an informed decision as to whether or not to undergo the Parisian Peel[®] Medical Microdermabrasion Procedure. Although Parisian Peel Medical Microdermabrasion has been proven to be very effective in achieving many thousands of patients' desired results, there is no guarantee or warranty that a particular patient will be satisfied with the specific results obtained from a single procedure or a series of procedures.

Untoward Results and Possible Complications

As in any medical procedure, these side effects only occur in a small minority of patients.

1. **PAIN** – You may feel some discomfort during the course of the procedure. Some patients have frequently described the sensation as “like a cat licking your skin”. Please notify the Operator if you experience any significant pain, as the settings can be easily decreased to your comfort level. After the procedure, a slightly “wind-burned” sensation is frequently reported. This goes away in the first 24 hours or so.
2. **SUPERFICIAL WOUND** – Parisian Peel Medical Microdermabrasion leaves the skin with mild erythema (redness) for 20 to 90 minutes. When Medical Microdermabrasion is done more aggressively to obtain more dramatic results, the procedure can result in an open wound of the skin similar to a knee scrape e.g. the area of skin treated may weep and crust with the crust taking 3 to 5 days to separate. The underlying healing skin may be pink for 1 to 3 weeks and require concealing make-up.
3. **PIGMENT CHANGES** – The treated area of skin may heal with hyper pigmentation or increased pigmentation. This occurs most often in normally darker pigmented people who allow the treated area to be exposed to sunlight without sun blockers in the first three months following the procedure. Other patients have a genetic predisposition to this type of skin reaction and may have already noticed it following the healing of minor cuts, abrasions, or acne lesions. These hyper-pigmented spots usually fade in 3 to 6 months and this process can be hastened with the use of Kojic Acid or hydroquinone ointments. In rare cases, the hyperpigmentation can be permanent and require other procedures to ameliorate them. In very rare cases, hypo pigmentation can occur in which there is a loss of pigment or the ability to tan evenly.
4. **SWELLING** – Immediately after the treatment, there may be some swelling of the skin. This normally occurs when the cheeks and nasal area have been treated. This temporary condition can be managed with ice pack application at 20-minute intervals for 24 hours, and then cold moist towels for an additional 48 hours as needed.
5. **SCARRING** – There is a very small risk of scarring, including hypertrophic, or even keloidal scars. Normal scars are flat and pale. Hypertrophic scars are raised and thick. Keloid scars are raised, thick, and pink and grow beyond the original zone of injury. Scarring is a very rare occurrence, but is possible if there has been disruption of the skin surface and the dermis has been injured. It is for this reason that the Medical Microdermabrasion process is broken down into an average of 6 to 12 separate procedures to avoid dermal injury. Please follow post-treatment skin care instructions to help avoid the possibility of scarring.
6. **INFECTION** – Anytime the skin barrier is broken there is a chance of a bacterial or viral infection. The risk of infection is minimized if the area treated is washed with a mild soap and dried three to four times daily. In some cases an antibiotic ointment is recommended. Bacitracin is the antibiotic of choice.
7. **SUN SENSITIVITY** – Without the outer layer of dried skin cells the area treated will be more susceptible to the damaging rays of the sun and this can result in hyper or hypo pigmentation problems. Please wear the recommended sun blockers for at least the first three months following the procedure.
8. **CORNEAL ABRASION** – Although the crystals are medically inert, because they are sharp sided they can cause a corneal abrasion if they reach the surface of the eyeball. Therefore, please remove all contact lenses and keep your eyelids closed.
9. **ALTERNATIVE TREATMENT OPTIONS** – Although generally regarded to have a higher risk of significant complications than Medical Microdermabrasion, other treatment options are available. They include: Laser Facial Skin Resurfacing, Regular Wheel Dermabrasion, and Chemical or Glycolic Acid Peels. It should be noted that Medical Microdermabrasion is usually an Elective Cosmetic Procedure done for cosmetic reasons and it is up to the patient to accept the risk to benefit ratio.
10. **NO GUARANTEE** – As in any medical procedure, no specific warranty or guarantee can be given nor can any specific result or percentage improvement be assured.
11. **FREQUENCY** – On average an initial series of 6 to 12 procedures are required to obtain the results requested by most patients.
12. **PREGNANCY** – There is no known or suspected interference with pregnancy, however, please inform the Operator if you may be pregnant so that your Doctor's permission to proceed can be obtained if necessary.
13. **INFORMED CONSENT** – By signing below, I acknowledge that I have read the foregoing Informed Consent regarding the Parisian Peel Medical Microdermabrasion Procedure and I feel I have had all my questions answered and that I have been informed of all the potential risks and possible complications as well as alternatives to the procedure. I hereby give my Informed Consent.

Patient Signature: _____ Date: _____

Parent or Guardian Signature: _____ Date: _____