



## BOTOX Cosmetic® PATIENT EDUCATION FORM

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Initial HERE



1. **BOTOX Cosmetic® is an approved, safe prescription drug which is used to reduce or minimize facial wrinkles in the area(s) it is applied.** The treatment involves very tiny injections into the muscles under the skin in order to temporarily relax the muscles. This will prevent the muscles from fully contracting, and thus will minimize the creasing / folding / wrinkling of the skin in the treated area. **The treatment is temporary and not permanent.**
2. **Most patients are interested in a natural, relaxed appearance. Aspen Medical Aesthetics strives to achieve a natural outcome in conjunction with the patient's treatment goals.** BOTOX Cosmetic® will relax the muscles which contract and thus it helps to soften or reduce the wrinkling typically associated with negative expressions such as: worry, anger, stressed appearance, tired etc. You will still be able to express yourself and to smile. **A BOTOX Cosmetic® treatment often results in a more relaxed, better rested and "fresher" appearance.**
3. **The goal of the treatment is NOT to completely immobilize the face and thus complete elimination of lines cannot be guaranteed.**
4. **BOTOX Cosmetic® is applied by a series of tiny injections** into the area(s) discussed between our specialists and the patient. The needle used is very tiny and feels similar to tiny pinches. Anesthetic is not required and the treatment only takes approximately 15 minutes to perform.
5. You may start to see the results begin after a few days after the treatment, but **full treatment results can take up to 14 days to fully set in. Please wait until 2 weeks has passed before assessing results.**
6. Since it is a temporary treatment, **the results will eventually wear off and BOTOX Cosmetic® will need to be injected again.** In order to get the best results, we recommend that patients maintain their treatments regularly – at the frequency that is recommended.
7. **Aspen Medical Aesthetics charges by the number of units used during a treatment.** The price is \$12 per unit. The exact number of units is decided by our providers, after assessing the patient's muscular structure and discussing the patient's goals of treatment.
8. **If you are diligent and strictly adhere to the recommended treatment frequency schedule,** you will be able to extend the treatment results and potentially reduce the amount of BOTOX Cosmetic® that you require. This treatment approach will reduce your overall treatment costs. **After the medical assessment by our providers, the exact price for your treatment will be provided.**
9. **Treatment results may last approximately 3 months BUT every patient is different due to everyone's unique muscular structure.** Thus, it is important to take note of the date when you begin to notice that your muscles start to regain their movement and thus, begin to create folding / wrinkling of the skin. To repeat, **IF YOU ARE DILIGENT ABOUT MAINTAINING your BOTOX Cosmetic® treatments at the frequency recommended by our staff,** then you increase the ability of your treatment results to last longer after future treatments.